



ELIZABETH CITY AREA CONVENTION AND VISITORS BUREAU

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## FOR IMMEDIATE RELEASE

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### **“Market Impossible Throw Down!” Chefs Andy Montero and Andy Lewis to Face Off, June 27, for Live Cooking Event**

(Elizabeth City, N.C., June 11, 2009) – Does cooking dinner have you in a race against the clock? Andy Montero and Andy Lewis will soon relate. The Elizabeth City chefs will have one hour to shop for and prepare a gourmet meal before a live audience when the Downtown Waterfront Market hosts a “Market Impossible Throw Down!” June 27 at 10 a.m. in Elizabeth City.

Provided with a few choice cooking staples and a “mystery” protein, the chefs will have 10 minutes to scour the market for fresh produce and goods, then 50 minutes to whip up an inspired entrée and some sides. A panel of judges will decide the winner.

“We are calling it the ‘Battle of the Andys,’” said Market Coordinator Denise Richards.

Andy Montero is the owner and chef of Montero’s Restaurant, and Andy Lewis is chef of the just-opened Logan Raye’s Key West Grill, both in Elizabeth City.

“It’s just as much fun for the audience as it is for the chefs,” said Richards. “Plus, we hope it will inspire home cooks to frequent the market for locally-grown foods when stocking their own kitchens.”

Every Saturday, farmers and purveyors from northeastern North Carolina gather at the Downtown Waterfront Market to sell fresh produce, baked goods, gourmet foods, dairy products, plants and flowers and handcrafted wares. Billed

as a “vine-ripened, just-picked, fresh-made good time,” the market also features local musicians and entertainers, and coffee and fresh-squeezed limeades and orangeades are available for purchase.

The Downtown Waterfront Market is a non-profit service of the City of Elizabeth City, Albemarle Economic Development Commission, Albemarle Area Committee of 100 and the Elizabeth City Area Convention & Visitors Bureau.

The market is open Saturdays from 9 a.m. to 1 p.m. through Oct. 31, 2009. For information, call (252) 338-0169. To check the weekly produce schedule, go to [www.DowntownWaterfrontMarket.com](http://www.DowntownWaterfrontMarket.com)

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